

Sleepy Hill Middle



September Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Breakfast Burritos OR Boiled Egg Juice/Fresh Fruit	2 Pizza Sliders OR Graham Cookie Cheese Stick Fresh Fruit/Chilled Fruit	3 Sausage Pancake Bites OR Yogurt Fresh Fruit/Juice	4 Breakfast Pizza OR Graham Cookies Peanut Butter Cup Fresh Fruit/Chilled Fruit
7 Labor Day!	8 Waffle/Sausag Patty OR Boiled Egg Fresh Fruit/Juice	9 Chicken & Waffle Sandwich OR Graham Cookie Cheese Stick Fresh Fruit/Juice	10 Bagel/Cream Cheese OR Yogurt Fresh Fruit/Juice	11 Pizza Sliders OR Graham Cookie Peanut Butter Cup Fresh Fruit/Chilled Fruit
14 Bacon & Cheese Crossiant OR Graham Cookies Cheese Stick Fresh Fruit/Chilled fruit	15 Cinamon Bar OR Boiled Egg Fresh Fruit/Juice	16 Ham & Cheese English Muffin OR Graham Cookie Cheese Stick Fresh Fruit/Juice	17 Sausage Pancake Wraps OR Yogurt Fresh Fruit/Juice	18 Breakfast Pizza OR Graham Cookie cheese Stick Fresh Fruit/Chilled Fruit
21 Sausage Egg & Cheese Tornado OR Graham Cookies Cheese Stick Fresh Fruit/Chilled Fruit	22 Mini French Toast OR Boiled Egg Fresh Fruit/Juice	23 Sausage Biscuit OR Graham Cookies Cheese Stick Fresh Fruit/Chilled Fruit	24 Farmers Apple Bar/Cheese OR Yogurt Fresh Fruit/Juice	25 Pizza Sliders OR Graham Cookies Peanut Butter Cup Peanut Butter Cup
28 Mini Pancakes OR Graham Cookie Cheese Stick Fresh Fruit/Chilled Fruit	29 Breakfast Burrito OR Boiled Egg Fresh Fruit/Juice	30 Egg & Cheese Melt OR Graham Cookie Cheese Stick Fresh Fruit/Chilled fruit		



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September Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>No School!</p> <p>Labor Day!</p>	1 Chicken Rolled Taco/Salsa Turkey & Cheese Sand Fruit & Yogurt salad Pinto Beans/Fresh Veggie Tray Fresh Fruit	2 Cuban Sandwich Peanut Butter Box Grilled Turkey Salad Sweet Potato Tots/Fresh Veggies Fresh Fruit	3 Mini Calzone/Marinara Cup Ham & Cheese Sand Asian Chicken Salad Broccoli/Fresh veggie Tray Fresh Fruit	4 Cheeseburger Pizza Snacker Chef Salad French Fries/Veggie Tray Fruit
	7 Shredded Beef queso Bowl Turkey & Cheese Sand Fruit & Yogurt salad Black Beans Fresh Veggie Tray Fruit & Cookie	8 Chicken Patty Sandwich Peanut Butter Box Chicken Caesar Salad French Fries Fresh veggie Tray Fresh Fruit	9 Ravioli/cheesy Breadsticks Ham & Cheese Sand Buffalo Chicken Salad Green Beans Fresh Veggie Tray Fresh Fruit	10 Pizza yogurt Snacker Chef Salad Corn on Cobb Fresh Veggie Tray Fruit Tray/Frozen Juice cup
14 Teryaki Rice Bowl/Egg Roll Pb& J Harvest chicken Salad California Blend Fresh Veggie Tray Chilled Fruit/Fruit Tray	15 Pizza Taco Turkey & Cheese Sand Fruit & Yogurt salad Fiesta Corn Fresh Veggie Tray Fruit Tray	16 Chicken & Waffles Yogurt Snacker Chicken Caesar Salad Baked beans Fresh veggie Tray Fruit Tray	17 Meatball Sub Ham & Cheese Sand Buffalo Chicken Salad Steamed Carrots Fresh Veggie Tray Fruit Tray	18 Cheeseburger Pizza Snacker Chef Salad French Fries Fresh Veggie Tray Frozen Juice Cup
21 Chicken rummies/Yellow Rice Pb& J Harvest chicken Salad Green Beans Fresh Veggie Tray fruit Tray	22 Ham & Cheese Stramboli Turkey & Cheese Sand Fruit & Yogurt salad Broccoli Fresh Veggie Tray Fruit Tray	23 Chicken Nuggets/Cornbread Peanut Butter Box Grilled Turkey Salad California Blend Fresh veggie Tray Fruit Tray	24 Turkey Bacon Ranch Flatbread Ham & Cheese Sand Buffalo Chicken Salad French Fries Fresh Veggie Tray Fruit Tray	25 Pizza Snacker yogurt Snacker Chef Salad Corn Fresh Veggie Tray Frozen Juice Cup
28 Orange Chicken/noodles Pb& J South west Chicken Salad Green Beans Fresh Veggie Tray Fresh Fruit	29 Chicken Rolled Taco/Salsa Turkey & Cheese Sand Fruit & Yogurt salad Pinto Beans Fresh Veggie Tray Fruit Tray	30 Cuban Sandwich Peanut Butter Box Grilled Turkey Salad Sweet Potato Tots Fresh veggie Tray Fruit Tray	Mini Calzone/Marinara Cup Ham & Cheese Sand Asian Chicken Salad Broccoli Fresh Veggie Tray Fruit Tray	Cheeseburger Pizza Snacker Chef Salad French fries Fresh Veggie Tray Frozen Juice Cup