

Sleepy Hill Middle



November Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast Taco OR Cereal Graham Cookies Cheese Stick Fresh Fruit/Chilled fruit	3 waffle/Sausage Patty OR Cereal Toast Boiled Egg Fresh Fruit/Juice	4 Chicken & Waffles OR Cereal Graham Cookie Cheese Stick Fresh Fruit/Chilled fruit	5 Bagel/Cream Cheese OR Cereal Yogurt Toast Fresh Fruit/Juice	6 Breakfast Pizza OR Cereal Graham Cookie Peanut Butter cup Fresh Fruit/Chilled Fruit
9 Bacon Egg & Cheese Crossia OR Cereal Graham Cookies Cheese Stick Fresh Fruit/Chilled fruit	10 Cinamon Bar OR Cereal Boiled Egg Toast Fresh Fruit/Juice	1 	12 Sausage Pancake Wraps OR Cereal Toast Yogurt Fresh Fruit/Juice	13 Pizza sliders OR Cereal Graham Cookie Peanut Butter Cup Fresh Fruit/Chilled Fruit
16 Breakfast Tornado OR Cereal Graham Cookies Cheese Stick Fresh Fruit/Chilled fruit	17 Mini French Toast OR Cereal Boiled egg Toast Fresh Fruit/Juice	18 Sausage Biscuit OR Cereal Graham Cookie Cheese Stick Fresh Fruit/Chilled fruit	19 Farmers Apple Bar/Cheese stick OR Cereal Yogurt Toast Fresh Fruit/Juice	20 Breakfast Pizza OR Cereal Graham Cookie Peanut Butter cup Fresh Fruit/Chilled Fruit
23	24	25	6 	27
30 Mini Pancakes OR Cereal Graham Cookies Cheese Stick Fresh Fruit/Chilled fruit				



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November Lunch Menu



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Fish Nuggets/Mac & Cheese PB&J Harvest chicken Salad California Blend/Veggie Tray Fresh Fruit/Chilled Fruit</p>	<p>3</p> <p>Shredded Beef queso Bowl Turkey & Cheese Sand Fruit & Yogurt salad Black Beans/Veggie Tray Fresh Fruit/Cookie</p>	<p>4</p> <p>Chicken Patty Sandwich Peanut Butter Box Chicken Caesar Salad French Fries/Veggie Tray Fresh fruit</p>	<p>5</p> <p>Ravioli/cheesy Breadsticks Ham & Cheese Sand Buffalo Chicken Salad Green Beans/Fresh veggie tray Fresh Fruit</p>	<p>6</p> <p>Pizza yogurt Snacker Chef Salad Corn on Cobb/Veggie Tray Fresh Fruit/Frozen Juice Cup</p>
<p>9</p> <p>Teyakili Rice Bowl/Egg Roll PB&J South West Chicken Salad Broccoli Fresh Veggie Tray Fresh Fruit</p>	<p>10</p> <p>Pizza Taco Turkey & Cheese Sand Fruit & Yogurt salad Fiesta Corn Fresh Veggie Tray Fresh Fruit</p>	<p>11</p> 	<p>12</p> <p>Meatball Sub Ham & Cheese Sand Asian Chicken Salad Steamed Carrots Fresh Veggie Tray Fresh Fruit/Baked Apples</p>	<p>13</p> <p>Cheeseburger Pizza Snacker Chef Salad French Fries Fresh Veggie Tray Fresh Fruit/Frozen Juice Cup</p>
<p>16</p> <p>Chicken Drumsticks/Yellow Rice Pb & J Harvest chicken Salad Green Peas Fresh Veggie Tray Fresh Fruit</p>	<p>17</p> <p>Ham & Cheese Stromboli Turkey & Cheese Sand Fruit & Yogurt salad Broccoli Fresh Veggie Tray Fresh Fruit</p>	<p>18</p> <p>Boneless Chicken Wings Yogurt Snacker Grilled Turkey Salad California Blend Fresh veggie Tray Fresh Fruit/Cornbread</p>	<p>19</p> <p>Sliced Turkey&Gravy Ham & Cheese Sand Buffalo Chicken Salad Mashed Potatoes/Roll Green Beans/Veggie Tray Fresh Fruit/ Cookie</p>	<p>20</p> <p>Pizza yogurt Snacker Chef Salad Corn on Cobb Fresh Veggie Tray Fresh Fruit/Frozen Juice Cup</p>
<p>Be Thankful!</p> 				
<p>30</p> <p>Fish Nuggets/Mac & Cheese PB&J Harvest Chicken Salad California Blend/Veggies Chilled fruit/Fresh Fruit</p>			<p>I'm Stuffed!</p> 	